



September is American Breakfast Month!

Here's a fun puzzle to remind you to get your morning started with the most important meal of the day

DIRECTIONS: Find and circle the puzzle words in the grid. Look for them in all directions including backwards and diagonally.

N E Q B S T I U C S I B P F I Y Z E T U E A E B
 K O E D Q H O N E Y L C D E X N D A F F S V C J
 E O W T E L E M O L L O R N O M A N N I C I A C
 B D B D R E C P U R Y S E L P A M E E A X M F X
 O Q U A R U R O S C R A M B L E D E G G S I R V
 S E K A C N A P C O L D P I Z Z A T O A S T U J
 I J I X U P U A A O I W F E G E K K F Y S Y I A
 W C R O I S S A N T A B A G E L D A N I S H T O
 B N R D O N U T S I Q L O A T M E A L D D W A K
 U K K F R N H A S H B R O W N S A U S A G E Y H
 T Y A U I P T C I D C E R W A F N K E F M E S A
 T E G G S B E N E D I C T I H T P H E U L E E Q
 E W Q S Q Y X U I D B P R B I M A P H D V F L L
 R I H V J I T S Y O R A N G E J U I C E N F F A
 O A R O D T E Z O G E S H B R E A D I R T O F E
 I H S E N G L I S H M U F F I N O R R L E C A R
 I G M T O N S K X F X V R N O C A B V U V P W E
 O N C E I I E M W S M O O T H I E G R B H U E C
 N E S J E R Z R A E T E U C O G M I A R D O O S
 O U M J E T G N C G R A N O L A Q V L O M O K J

- | | | | |
|---------------|----------------|--------------|----------------|
| BACON | COLD PIZZA | GRITS | SAUSAGE |
| BAGEL | CREPES | HASH BROWNS | SCRAMBLED EGGS |
| BISCUITS | CROISSANT | HONEY | SMOOTHIE |
| BREAD | DANISH | JAM | TEA |
| BUTTER | DONUTS | MAPLE SYRUP | TOAST |
| CEREAL | EGGS BENEDICT | OATMEAL | WAFFLES |
| CINNAMON ROLL | ENGLISH MUFFIN | OMELET | |
| COCOA | FRUIT | ORANGE JUICE | |
| COFFEE | GRANOLA | PANCAKES | |

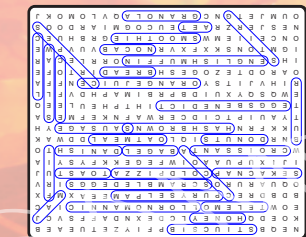
September Days & Dates...

- 9/4 • Labor Day
- 9/10 • Grandparents Day
- 9/11 • Patriot Day
- 9/17 • Constitution Day
- 9/21 • Peace Day
- 9/23 • First Day of Autumn



September Is...

- National Potato Month
- National Biscuit Month
- National Honey Month
- American Breakfast Month
- Baby Safety Month



Word Search Key



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 Brian & Katie Dabbelt

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SEPTEMBER 2023
 Client Newsletter
 CHICKASAW GARAGE INC.
 MANAGER'S MINUTE

September is here, school is in session, and fall sports are in full swing! I've been enjoying watching my son, Brayden, play football this season, and I can't wait to see how the rest of the season goes. I started out the month with Labor Day weekend, and I hope you all enjoyed your long holiday weekend as much as I did! I have been blessed to be a part of the committee that runs Rossburg Acres Party with a Purpose, and the event is taking place September 15th-16th. This fantastic event raises money for local families, nominated by YOU, that have outstanding medical financial needs. So many activities happen throughout the weekend, including live music, silent auctions, and all kinds of fun games for kids and even adults! I'd love to see you all there, and if you would like to support we have raffle tickets for sale here in the office at the garage! Thank you for all the support and bring on the busy month!



Sincerely,
 Ted Heitbrink

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TOP 4 COMMON REASONS FOR WARM WEATHER CAR BREAKDOWNS



It's common to get busy and put off car maintenance (we've all been there) — but preventing minor issues from becoming major car trouble is easier and less expensive than you think. Here are tips for bypassing the most common warm weather car and engine breakdown issues.

1. ENGINE BREAKDOWN:

CHECK ENGINE LIGHT

The sight of a "service engine soon" light can mean many different things—some simple enough to fix yourself (like a cracked or loose gas cap, the second most common culprit) and others requiring a trip to the mechanic. Because the check engine light can point to a variety of issues that may or may not be serious, it is always important to pull over immediately and get your car checked out by a professional.

2. CAR BREAKDOWN:

FLAT TIRES

Flats are a very common reason for car breakdowns during the summer. Give tires regular TLC to reduce the chances of a blowout in the first place. Set a reminder in your phone to check your tire pressure once a month. While you're down there, check the treads, too, to make sure they're not worn out. If you experience a flat tire, the first step is to pull over and make sure you are in a safe place. If you know how to replace a tire and have a spare, your next step will be to replace the flat tire. Should you not have a spare or not know how to change your tire, call for assistance to get towed to the nearest auto repair shop.

3. ENGINE BREAKDOWN:

OVERHEATING

Keep your eyes on the temperature gauge and look out for an "engine overheating" message or lit radiator icon on your dashboard. Check your coolant levels at the beginning of every season. If the liquid doesn't reach the FULL line on the reservoir, add a 50/50 mix of water and coolant until it does. If you are driving and your engine is overheating, there are some steps you can take until you can get to an auto repair shop: Crank the heat in your car to move heat away from the engine; find a safe place to pull over; check your coolant and add it (if you have it available in your car); re-start your car if possible. Unless you have to call a tow truck, the next step is to restart your engine carefully.

4. CAR BREAKDOWN:

DEAD BATTERY

Although most people associate a dead car battery with winter, soaring temps can put extra stress on the battery, too. Head to your favorite auto repair shop to have a professional check your battery, starter and alternator. And, while it's OK to leave your devices charging for a few hours with your car off, leaving them plugged in overnight will most likely require a jump start the next morning.

Reprinted from- <https://living.geico.com/driving/auto/auto-care/>

WHAT IS THE INTERNATIONAL DAY OF PEACE?



The *International Day of Peace* ("Peace Day") is observed around the world each year on **September 21st**. Established in 1981 by unanimous United Nations resolution, Peace Day provides a globally shared date for all humanity to commit to Peace above all differences and to contribute to building a Culture of Peace.

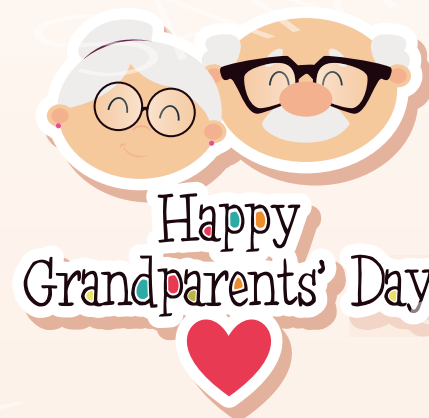
From education to the arts, social justice to sports, health to the environment, neighborhood issues to service for others, there are many ways to participate in Peace Day! We invite you to create a public or private activity related to peace, spread the word about Peace Day and/or attend an event in your community.

Let us all create Peace Day every day!

<https://internationaldayofpeace.org/>

CELEBRATE GRANDPARENTS DAY!

On the first Sunday after Labor Day we celebrate National Grandparents Day. This year the date falls on **September 10**. Like Mother's Day & Father's Day we also have a whole day dedicated to our grandparents. Grandparents and children have a special connection that is proven to both make grandparents live longer, and also make children more emotionally resilient. Grandparents Day is an opportunity to treasure that connection and spend some quality family time together.



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SAUSAGE HASHBROWN BREAKFAST CASSEROLE

This breakfast casserole recipe is made with hash browns, sausage, eggs, and cheese — what's not to love? It can be made ahead of time and refrigerated until you're ready to bake it.

• Prep Time: 20 mins • Cook Time: 50 mins • Total Time: 1 hr 10 mins • Servings: 10 • Yield: 1 9x13-inch casserole

Ingredients

- Cooking Spray
- 2 pounds bulk spicy breakfast sausage
- 2 pounds frozen hash brown potatoes
- 2 cups shredded Cheddar cheese
- 1 (7 ounce) can green chili peppers (optional)
- 8 large eggs
- 2 cups milk
- 1 teaspoon salt
- ½ teaspoon ground black pepper
- ½ teaspoon onion powder
- ½ teaspoon garlic powder



Directions

1. Preheat the oven to 350 degrees F. Spray a 9x13-inch baking dish with cooking spray.
2. Cook and stir sausage in a hot skillet over medium heat until crumbly and no longer pink, 5 to 7 minutes. Drain and discard grease, and transfer sausage to a bowl.
3. Cook hash browns in the skillet in the residual grease over medium heat, stirring occasionally, until lightly browned, about 8 minutes. Remove from the heat.
4. Transfer hash browns to the prepared baking dish and spread in an even layer across the bottom. Sprinkle cooked sausage over top, then layer with Cheddar cheese & chili peppers.
5. Whisk milk, eggs, salt, pepper, onion powder, and garlic powder together in a bowl. Pour over hash brown mixture.
6. Bake casserole, uncovered, in the preheated oven until bubbly and the top is golden brown, 35 to 40 minutes.

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